

FREE GUIDE

How to assess whether your current coverage is adequate — or over-sold.

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Why Most Indians Are Either Under-Insured or Over-Charged

India's insurance market has a structural problem: most insurance is sold, not bought. As a result, millions of families are either dangerously under-protected or paying premiums for products that deliver poor value. This guide helps you assess your coverage rationally.

PART 1: LIFE INSURANCE AUDIT

Step 1: Calculate Your Actual Life Cover Need

- Annual income x 15–20 = Minimum life cover needed
- Add outstanding liabilities (all loans)
- Add future financial obligations (children's education, marriage)
- Subtract existing assets

Example: Annual income Rs.15L x 15 = Rs.2.25Cr + Rs.50L loans + Rs.75L goals
— Rs.30L assets = Rs.3.2 crore cover needed

Step 2: Audit Your Current Policies

Policy Type	Cover Amount	Annual Premium	Good Value?
Term Insurance	Rs. _____	Rs. _____	
Endowment / LIC	Rs. _____	Rs. _____	
ULIPs	Rs. _____	Rs. _____	
Group Cover (Employer)	Rs. _____	Rs. _____	

Red Flags to Watch For

- ✗ Endowment or money-back policies as primary life cover — poor cover, poor returns
- ✗ ULIPs with high charges in early years (year 1–3)
- ✗ Relying solely on employer group cover — it ends when your employment ends
- ✗ Total life cover below 10x your annual income

Best Practice: Pure term insurance is the gold standard for life cover. Maximum protection at minimum cost.

PART 2: HEALTH INSURANCE AUDIT**Minimum Benchmarks (2025)**

Profile	Recommended Base Cover	Recommended Super Top-Up
Individual	Rs.10–15 lakh	Rs.25–50 lakh
Family Floater	Rs.20–25 lakh	Rs.50 lakh
Senior Citizens (Parents)	Rs.10 lakh+	Rs.25 lakh

What to Check in Your Current Policy

- ☐ Is the sum insured adequate for your city's hospital costs?
- ☐ Are pre-existing conditions covered? What is the waiting period?
- ☐ Is it a cashless policy at major hospitals near you?
- ☐ Does it cover day-care procedures?
- ☐ Is there a co-payment clause?
- ☐ Is there a room rent capping that limits real-world coverage?
- ☐ Is it employer-dependent (ends with job change)?

PART 3: CRITICAL ILLNESS COVER

- Recommended: Rs.25–50 lakh standalone critical illness policy
- Covers: Cancer, heart attack, stroke, kidney failure, major organ transplant
- Pays lump sum on diagnosis — regardless of actual medical bills
- Most valuable for business owners and self-employed (no employer sick pay)

PART 4: THE OVER-SELLING CHECKLIST

You may be over-insured (and over-charged) if any of the following apply:

- ☐ You have multiple endowment policies with small sum assured
- ☐ You have a ULIP where most of year 1–3 premium went to charges
- ☐ You have insurance-cum-investment products instead of pure term + pure investments
- ☐ Your agent has never reviewed your coverage since purchase

☐ You don't clearly know what you're covered for

PART 5: THE RECOMMENDED INSURANCE STACK

Need	Instrument	Why
Life Cover	Pure Term Insurance	Maximum cover at minimum cost
Health Cover	Separate Health Policy	Portable and comprehensive
Large Medical Bills	Super Top-Up Policy	Cost-effective high cover
Serious Illness	Critical Illness Rider	Lump sum, income replacement
Accidents	Personal Accident Policy	Covers disability and death

Golden Rule: Always keep insurance and investments completely separate. Never mix the two.

Concerned about gaps in your coverage? Schedule a complimentary insurance audit with Simi Agarwal. We will review your current policies and recommend the most cost-efficient structure.

Schedule a Call
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Disclaimer: This guide is for educational and informational purposes only and does not constitute investment, financial, legal, or tax advice. Please consult Simi Agarwal or a qualified financial planner before making any financial decisions. Investments are subject to market risks.

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